



FENCING !



Edmonton Fencing Club

9937 – 60 Avenue

Edmonton, AB T6E 0C7

780-434-3000

edmontonfencing.com

edmontonfencingclub@yahoo.ca

EFC SUMMER FENCING CAMPS 2011

The beginner camps will include fencing instruction, training, conditioning, games and lots of just-for-fun activities. The last day of each camp will be a fun Fencing Tournament.

Instructed by Jujie Luan, Olympic Gold Medalist and 4-time Olympian and/or Summer Assistant Coach.

Beginner / Intermediate Camps – Half Day – Ages 8-14 years

Camp 1 (BC1)	July 4-8	12:00 – 3:00	Beginner/Intermediate	\$150 (+ \$20 AFA Fee)
Camp 2 (BC2)	July 11-15	10 – 1pm	Beginner/Intermediate	\$150 (+\$20 AFA Fee)
Camp 3 (BC3)	July 18-22	2 - 5pm	Beginner/Intermediate	\$150 (+ \$20 AFA Fee)
Camp 4 (BC4) (4 days only)	Aug 15-18	9 to 12 pm	Beginner/Intermediate	\$120 (+ \$20 AFA Fee)

Outreach Camp – Half Day – Ages 8-14 years

Note: Outreach Camps are taught by Assistant Summer Coach

Leduc Camp (LC)	July 18-22	9:30 –12:30pm	Beginner/Intermediate	\$200 (+ \$20 AFA Fee)
-----------------	------------	---------------	-----------------------	------------------------

Full Day Camps – Ages 8-11 years

Full Day Camp #1 (FC1)	July 25 - 29	8:00 – 5:00	Beginner/Intermediate	\$250 (+ \$20 AFA Fee)
Full Day Camp #2 (FC2) (4 days only)	Aug 2-5	8:00 – 5:00	Beginner/Intermediate	\$200 (+ \$20 AFA Fee)

Jujie Luan Camps

Coached by 4-time Olympian Jujie Luan

Jujie Luan Competitive Camp #1 (JCC1)	Aug 8-12	8:30-4:30	\$300 EFC Members \$400 for Non-members \$100 for billeting	2 years of competitive experience recommended. Free t-shirt.
Jujie Luan High Performance Camp (JLHP)	Aug 19-21	8:30-4:30	\$200 for EFC Members \$250 for Non-members \$50 for billeting	**Must have competed in a National or International event** (This rule will be strictly adhered to for this camp.) Enrollment limited. First come, first serve. Free t-shirt.

Registrations can either be mailed or dropped off at the Club (registration forms online).

Cash or cheque only.

If paying before June 1, please postdate cheques to June 1, 2011.

No registration by phone. All participants must provide their own lunches or snacks and drinks.

Please wear clean, indoor runners and comfortable workout clothes (not shorts or jeans).